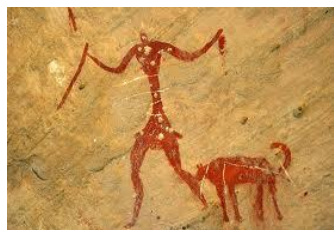
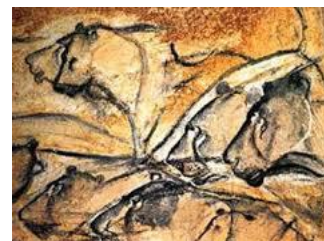


Discover Shamanism Booking Form



A One Day workshop
With Jayne Birkett & Liz McWatt
At Ings, Nr Staveley



Saturday 30th September 2017 10am- 5pm

Thank you for your interest in this course which we hope will be an enjoyable day and give you a good introduction to Shamanism. The day will include...

- An introduction to the history of shamanism
- Information about the key concepts of the shamanic universe
- Instruction of how to enter a shamanic 'journey' and practical experience in Journeying
- A 'power animal' retrieval
- An introduction on the basics of how to journey for others

The course venue is the Ings Parish Hall, Nr Staveley, Kendal. LA8 9PY <https://goo.gl/maps/uLUL3>

The cost of the course is £55 EARLY BIRD booking up to Aug 30th £65 after Aug 30th. £25 deposit secures your place *non-refundable unless course is cancelled*

Course start / finish times: 10 am—5 pm (Lunch 1-2 pm)

Please bring a throw and a blindfold and something to lie on such as a yoga mat or a sleeping bag if you prefer to lie when journeying. We recommend that you write down your journeys, this helps to embed the journey in this reality as well as providing a record. You may want to bring a notebook and pen with you on the day

If you have any friends who are interested in Shamanism, why not get them to come along too. Having a friend to partner and journey with when you're first starting is a great way to build up your confidence in journeying. Don't worry if not, your power animal and guides you meet will show you the way.

Drinks will be provided throughout the day. For lunch the venue is close to Wilf's at Staveley or the Watermill Pub in Ings. There is a shop in the nearby garage.

We look forward to meeting you on the day.

Liz McWatt

Tel 01539 728188

Email: liz@holistic-healing.org.uk

www.holistic-healing.org.uk

Jayne Birkett

Tel: 077177 25672

email: jaynebirkett@sky.com

www.shamanic-therapy.co.uk

Booking Form
Introduction to Shamanism
Ings September 2017



Name:

Address:

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Phone No:

Email:.....

What is your experience or knowledge of Shamanism to date?

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What do you hope to learn from this course?

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Please send this form with your deposit fee of £25 upon booking, cheque payable to

Liz McWatt

18 West St, Kendal, Cumbria. LA9 5QL

Bank Details for Internet Banking

Account: 23808871

Sort Code: 09 01 26

Account Name: Miss E M McWatt

Please confirm by e-mail if using this form of payment