

# The Stone People Day Booking Form



**A One Day workshop**

**With Jayne Birkett & Liz McWatt**

**At Ings, Nr Staveley**

**Saturday 25<sup>th</sup> November 2017 10am- 5pm**

Thank you for your interest in this course which we hope will be an enjoyable day and give you more confidence in shamanic journeying.

The stone people are the foundation of all life, all life form is made from mineral it could be said “*We are stone people dancing, experiencing being human*”. Learning how to work with these important guides is an important foundation of shamanic journeying and practice and one we can easily embed is this reality by working with crystals, rocks and stones. This day will also be largely experiential and as well as being a good opportunity for you to practice your journeying skills and get further guidance from the tutors on improving your skills we will be spending the day getting to know the stone people, working with the gnomes and stone people guides to get a healing for yourselves and also to practice working with others to facilitate a healing.

The course venue is the Ings Parish Hall, Nr Staveley, Kendal. LA8 9PY <https://goo.gl/maps/uLUL3>

The cost of the course is £65 - £25 deposit secures your place. **£55 *early bird booking up to 25<sup>th</sup> Oct* / £65 after 25<sup>th</sup> Oct**

Course start / finish times: 10 am—5 pm (Lunch 1-2 pm)

Please bring a throw and a blindfold and something to lie on such as a yoga mat or a sleeping bag if you prefer to lie when journeying.

Drinks will be provided throughout the day. For lunch the venue is close to Wilf’s at Staveley or the Watermill Pub in Ings. There is a shop in the nearby garage.

We look forward to meeting you on the day.

**Liz McWatt**

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**Email: [liz@holistic-healing.org.uk](mailto:liz@holistic-healing.org.uk)**

**[www.holistic-healing.org.uk](http://www.holistic-healing.org.uk)**

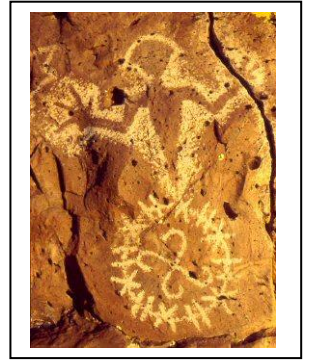
**Jayne Birkett**

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**[www.shamanic-therapy.co.uk](http://www.shamanic-therapy.co.uk)**

**Booking Form**  
**Next Step: The Stone Poeples**  
**Ings Nov 2017**



Name: .....

Address: .....

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Phone No: .....

Email:.....

Are there any particular areas of journeying you;ve been struggling with  
and would like to work on?

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What do you hope to learn from this course? .....

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Please send this form with your deposit fee of £25 upon booking, cheque payable to  
Liz McWatt

18 West St, Kendal, Cumbria. LA9 5QL

**Bank Details for Internet Banking**

Account: 23808871  
Sort Code: 09 01 26  
Account Name: Miss E M McWatt

*Please confirm by e-mail if using this form of payment*